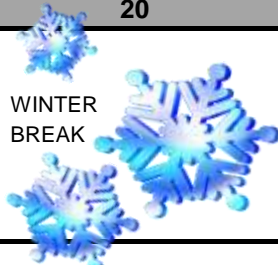
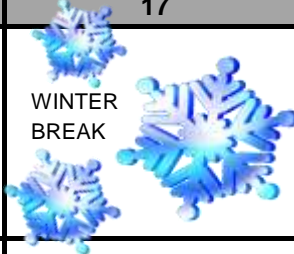


GORDON LEE MIDDLE/HIGH SCHOOL FEBRUARY



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		Chicken Tenders or Teriyaki Meatballs Leafy Green Salad Northern Beans Oriental Stir Fry & Rice Whole Wheat Roll Choice of Fruit and Milk	Chili w/ Corn Chips & Cheese or Chicken Sandwich Leafy Green Salad Breaded Squash Green Beans Sweet Potato Fries Choice of Fruit and Milk	Philly Steak Sandwich or Hamburger French Fries Coleslaw Lettuce, Tomato, Onion Choice of Fruit and Milk
		CYCLE 1 BREAKFAST	CYCLE 1 BREAKFAST	CYCLE 1 BREAKFAST
6	7	8	9	10
BBQ Rib Sandwich or Corn dog Leafy Green Salad Glazed Carrots Green Beans Choice of Fruit and Milk CYCLE 2 BREAKFAST	Chicken Sandwich or Hot Dog French Fries Baked Beans Lettuce, Tomato, Onion Coleslaw Choice of Fruit and Milk CYCLE 2 BREAKFAST	Chicken Nuggets or Steak Patty w/ Gravy Black-Eyed Peas Leafy Green Salad Broccoli & Cheese Whole Wheat Roll Choice of Fruit and Milk CYCLE 2 BREAKFAST	Taco or Burrito Refried Beans w/ Cheese Lettuce & Tomato Celery Sticks w/ dip Choice of Fruit and Milk CYCLE 2 BREAKFAST	Lasagna or Pizza Dippers w/ Sauce Whole Kernel Corn Leafy Green Salad Carrots w/ dip Breadsticks Choice of Fruit and Milk CYCLE 2 BREAKFAST
13	14	15	16	17
Meatloaf w/ Breadstick or Spicy Chicken Sandwich Sweet Potato Fries Pinto Beans Turnip Greens Cornbread Choice of Fruit and Milk CYCLE 1 BREAKFAST	Pizza Pleezer or Chicken Bites Whole Kernel Corn Leafy Green Salad Cucumber Salad Cheese Puffs Choice of Fruit and Milk CYCLE 1 BREAKFAST	Chicken Tenders or Meatball w/ Noodles Green Beans Mac & Cheese Whole Wheat Roll Choice of Fruit and Milk CYCLE 1 BREAKFAST	Hamburger or Fish Sandwich Lettuce, Tomato, Onion Broccoli & Dip Creamy Coleslaw French Fries Choice of Fruit and Milk CYCLE 1 BREAKFAST	WINTER BREAK
20	21	22	23	24
WINTER BREAK	Spaghetti w/ Meatballs or Pizza Dippers Whole Kernel Corn Leafy Green Salad Vegetable Medley Texas Toast Choice of Fruit and Milk CYCLE 2 BREAKFAST	Chicken Nuggets or Teriyaki Meatballs Northern Beans Leafy Green Salad Oriental Stir Fry Brown Rice Wheat Roll Choice of Fruit and Milk CYCLE 2 BREAKFAST	Beefy Nachos or Burrito Refried Beans w/ Cheese Lettuce & Tomato Celery Sticks w/ dip Choice of Fruit and Milk CYCLE 2 BREAKFAST	Chicken Sandwich or Philly Steak Sandwich French Fries Lettuce & Tomato Coleslaw Cookie Choice of Fruit and Milk CYCLE 2 BREAKFAST
27	28	29		
Pizza or Tuna Salad w/ crackers Corn Carrots & Dip Leafy Green Salad Choice of Fruit and Milk CYCLE 1 BREAKFAST	Steak Nuggets or Spicy Chicken Tenders Pinto Beans Okra Creamed Potatoes Steamed Cabbage Biscuits Choice of Fruit and Milk CYCLE 1 BREAKFAST	Taco or Beef Fajita Lettuce, Tomato, Cheese Refried Beans Mexican Rice Choice of Fruit and Milk CYCLE 1 BREAKFAST		



CYCLE 1 BREAKFAST				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Biscuit or Cereal with Whole Wheat Toast Choice of Fruit or Juice Choice of Milk	Pancake on a Stick or Cereal with Whole Wheat Toast Choice of Fruit or Juice Choice of Milk	Steak Biscuit or Cereal with Whole Wheat Toast Choice of Fruit or Juice Choice of Milk	Yogurt and Muffin or Cereal with Whole Wheat Toast Choice of Fruit or Juice Choice of Milk	Sausage Biscuit or Cereal with Whole Wheat Toast Choice of Fruit or Juice Choice of Milk
CYCLE 2 BREAKFAST				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast Pizza or Cereal with Whole Wheat Toast Choice of Fruit or Juice Choice of Milk	Egg & Cheese Biscuit or Cereal with Whole Wheat Toast Choice of Fruit or Juice Choice of Milk	French Toast with Sausage Link or Cereal with Whole Wheat Toast Choice of Fruit or Juice Choice of Milk	Yogurt and Muffin or Cereal with Whole Wheat Toast Choice of Fruit or Juice Choice of Milk	Pancakes w/ Sausage or Cereal with Whole Wheat Toast Choice of Fruit or Juice Choice of Milk

In the operation of the feeding program, no child will be discriminated against because of race, color, national origin, age, sex or handicap. If you believe you have been discriminated against write immediately to The Secretary of Agriculture, Washington, DC 20250